



## Sunny Town Learn & Play Childcare **COVID19 Health & Wellness Policy**

Updated January 8<sup>th</sup>, 2023

Please remember that the Covid19 public health emergency is rapidly changing, and we are constantly watching the situation and will adjust accordingly if needed.

Accordingly, please note the following Covid19 Health and Wellness policy, which applies to all staff and children within this facility.

If a child falls ill at daycare, we will self-isolate the child in a separate room with a teacher until he or she gets picked up. If a parent is unreachable, we will contact the emergency pick up person.

Please make sure all contacts are updated.

**Masks** - Masks are optional indoors, although many staff will continue to wear their masks. Parents, please continue to pick up and drop off your child at their classroom's door. Parents, please limit your time spent inside our daycare facility to no more than 5 mins.

**Fever** - Temperature of 37.2 C or higher (under the arm) is a fever. Children may return to childcare after a minimum of 48 hours fever free and symptom free. No Tylenol or Ibuprofen in the last 12 hours given to your child. This may often mask fever and other symptoms.

**Nausea and Diarrhea** - May return to childcare after 48 hours symptom free.

**Runny Nose** - (If your child has a runny nose due to seasonal allergies, a Doctor's note is required) May return when no other symptoms present after 24 hours of monitoring and only with a slight runny nose. If your child's nose is constantly runny even after it is wiped, your child will be sent home.

**Cough and Sore Throat** - May return to child care after 48 hours symptom free and child feels well enough to attend.

**Difficulty breathing and wheezing** - May return to childcare when child feels well and symptom free.

**Unexplained fatigue, aches or cold/flu-like symptoms** - May return to childcare when child feels well and 48 hours symptom free.

**Sinus congestion** - May return to childcare when child feels well and presents no other symptoms.

**International Travel**- inform us when you're planning to travel. Use link to consult on up-to-date federal guidelines on travel.



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**Confirmed positive Covid 19 Case of Attending Child** -Inform us right away!

**Unvaccinated with Covid symptoms** – Begin isolation of 5 days after your symptoms have gone away.

**Unvaccinated with no symptoms** – stay home for 5 days before returning to daycare.

A vaccinated parent/ someone in the household tests positive:

- 🌈 The parent must isolate for 5 days.
- 🌈 The child (unvaccinated) must isolate for 3 more days after the-parent's isolation is complete and may return to daycare if no symptoms present.

If you have been notified of a COVID-19 exposure in your facility, follow this link for information on next steps:

<https://www.fraserhealth.ca/notification#.YcS4vSDMKU1>

Attached below a helpful self assessment tool to provide up-to-date guidance and recommendations for testing and follow-up for Covid-19 that follows BCCDC guidance.

Please share this with your families. There is also an app that can be downloaded for mobile access.

<https://bc.thrive.health/covid19/en>

Please do not assume on your own when it is a safe return time for your child to attend daycare without discussing details with Ray Win first.

Please call her at 778-999-1015 to discuss a safe return time with any illness.

If you have any further questions or concerns, please contact Ray Win.

Stay healthy and Safe!  
Warmest regards,  
The Sunny Town Learn and Play  
Childcare Family ☺